

SAISONKALENDER

**KLIMA
SCHUTZ
AGENTUR**
LANDKREIS
HILDESHEIM

	JAN	FEB	MÄR	APR	MAI	JUN	JUL	AUG	SEP	OKT	NOV	DEZ
	Blumenkohl				●	●	●	●	●	●		
	Brokkoli					●	●	●	●	●		
	Chinakohl	●	●	●	●	●	●	●	●	●	●	
	Fenchel					●	●	●	●	●	●	
	Grünkohl	●	●								●	●
	Kartoffeln	●	●	●	●	●	●	●	●	●	●	●
	Kohlrabi				●	●	●	●	●	●		
	Pak Choi					●	●	●	●			
	Rosenkohl	●	●	●						●	●	●
	Rotkohl	●	●	●			●	●	●	●	●	●
	Spitzkohl	●	●	●	●	●	●	●	●	●	●	●
	Weißkohl	●	●	●	●		●	●	●	●	●	●
	Wirsing	●	●	●	●	●	●	●	●	●	●	●
	Mairübe				●	●	●	●	●	●	●	●
	Möhren	●	●	●	●				●	●	●	●
	Pastinake	●	●	●	●					●	●	●
	Petersilienwurzel	●	●	●	●					●	●	●
	Radieschen				●	●	●	●	●	●		
	Rettiche	●	●	●	●	●	●	●	●	●	●	●
	Rote Beete	●	●	●	●		●	●	●	●	●	●
	Sellerie (Knolle)	●	●	●	●	●	●	●	●	●	●	●
	Steckrübe	●	●	●					●	●	●	●
	Schwarzwurzel	●	●							●	●	●
	Zwiebeln	●	●	●	●	●	●	●	●	●	●	●
	Austernpilze	○	○	○	○	○	○	○	○	○	○	○
	Champignons	○	○	○	○	○	○	○	○	○	○	○
	Kräuter- seitlinge	○	○	○	●	●	●	●	●	○	○	○
	Pfifferlinge					●	●	●	●	●	●	
	Shiitake	○	○	○	○	○	○	○	○	○	○	○
	Bärlauch			●	●	●						
	Blattspinat			●	●	●			●	●		
	Chicoree	●	●	●						●	●	●
	Feldsalat	●	●	●	●					●	●	●
	Rucola				●	●	●	●	●	●	●	
	Salat (Batavia, Eis, Endivie, Kopf, bunte Salate, Mini Roma- na, Radicchio)				●	●	●	●	●	●		
	Aubergine							●	●	●		
	Bohnen (Busch, Brech, Dicke)						●	●	●	●		
	Erbsen					●	●	●	●			
	Kürbis	●	●	●	●			●	●	●	●	●
	Mais								●	●		
	Paprika							●	●	●		
	Salatgurke				○	○	○	○	○			
	Tomaten				○	○	○	○	○			
	Zucchini					●	●	●	●	●		
	Zuckerschote					●	●	●				
	Lauchzwiebeln				●	●	●	●	●	●	●	
	Mangold				●	●	●	●	●	●	●	
	Porree	●	●	●	●		●	●	●	●	●	●
	Spargel			●	●	●						
	Staudensellerie					●	●	●	●	●	●	

Legende:

● = Frischware | ● = Lagerware | ○ = Anbau im beheizten Gewächshaus

FÜR OBST & NÜSSE
BITTE WENDEN!



SAISONKALENDER



	JAN	FEB	MÄR	APR	MAI	JUN	JUL	AUG	SEP	OKT	NOV	DEZ
Äpfel	●	●	●	●				●	●	●	●	●
Aprikosen							●	●				
Birnen	●								●	●	●	●
Brombeeren							●	●	●			
Erdbeeren						●	●	●	●			
Heidelbeeren						●	●	●	●			
Himbeeren							●	●	●			
Holunderbeeren									●	●		
Johannisbeeren						●	●	●				
Kirschen						●	●	●				
Mirabellen							●	●	●			
Pfirsiche							●	●	●			
Pflaumen							●	●	●			
Quitten										●	●	
Renekloden							●	●	●			
Rhabarber				●	●	●						
Stachelbeeren						●	●	●				
Trauben									●	●		
Zwetschgen							●	●	●	●		
Esskastanien										●	●	●
Haselnüsse									●	●		
Walnüsse										●	●	



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Quellen:

https://deutsches-obst-und-gemuese.de/wp-content/uploads/2017/07/180711_SaisonKalendar_2018_A3_Druck.pdf
<https://www.geo.de/natur/nachhaltigkeit/21420-thma-geo-saisonkalendar>
<https://utopia.de/app/uploads/2017/02/saisonkalendar-utopia-download-A4-cpb-180522.pdf>

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